



Residential Information

Highlights...

- Three day, two night expedition
- Stay at a unique woodland camp
- Frontier style living
- Canoeing
- Bushcraft
- Wild cookery skills
- Wet and dry challenges
- Navigation
- 14m tree climb
- 70m Zip wire
- Living with the basics close to nature





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River Dart Expedition

Monday 9th – Friday 13th July 2018

Class times to be confirmed.



- PSOE3 Form (double sided version)
- Administration of Medicines in school (if needed)
- Code of Conduct Form

**Deadline for return of forms
and deposit payment is
Monday 5th February 2018**



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Young Spirit provides a truly memorable outdoor experience for primary age children, with an equal emphasis on fun and learning

- High quality adventure based education
- Expedition based programmes
- Unique opportunities to visit stunning locations
- Tried and tested techniques for review and reflection
- Accessible outdoor activities that offer challenges for all



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Young Spirit provides safe enjoyable activities that are accessible to all, while offering varying levels of challenge to suit all those taking part.

High quality staff

Young Spirit are committed to delivering the highest standard of adventure-based education. The activities are only led by mature, experienced, qualified staff, who are keen to make sure participants are having fun while gaining maximum benefit from their experience.

Journey based programmes

Young Spirit specialise in expedition-based programmes and this includes a short journey. This will either be by foot or canoe. The programme also include climbing, abseiling, bush craft, navigation, environmental studies and always problem solving and team working skills.





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Balcombe Camp

The Dart estuary is a fantastic place to be on the water and we are very lucky to have easy access by canoe to our campsite. Nestled in a deep wooded valleys is Balcombe woodland camp.

In partnership with the Raleigh Estate, Young Spirit have built a comfortable fixed camp.





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- A main lodge that can seat 30 and has a wood burning stove and kitchen.
- 4 main sleeping huts, large sturdy canvas topped cabins for sleeping.
- A log cabin for school staff
- Substantial toilet cabin with an efficient composting loo.
- Outside seating and group area
- Plenty of room to roam and play

The camp is set in a large private forest. It offers a wilderness like environment yet with amenities to make your stay more comfortable and good access to roads and services



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In the spirit of bushcraft...!



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This is a wonderful opportunity to explore the Dart estuary between Dittisham and Dartmouth. The trip involves travelling on the river in Canadian canoes and hiking on footpaths and woodland trails. We spend two nights at our unique Balcombe Camp close to the river on the stunning Raleigh Estate. With a private creek, river frontage and acres of fields and woodland. This venue also provides us with a perfect location for our bushcraft sessions and challenge course.





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Day one:

Meet in Dittisham. Luggage is collected and driven to camp. The children will navigate to camp. Walk through Dittisham village, then steeply up on to quiet footpaths, summiting Fire Beacon Hill, then descending back to the river and finally to camp.

Arrive at camp, briefing, prepare camp and settle in.

We have 4 cabin tents for children (Oak, Ask, Holly and Hazel). They can sleep around 8 children each. The children use poles ropes and tarps to create a sturdy entrance porch for their tent.

The camp needs water so the group will take our Canadian canoes and paddle up Old Mill Creek to find the water barrels where they have been left on Freshwater Beach. The water is transported back to camp.

Bush craft session - wild cookery, fire making, possibly knife work and woodland craft. We will create pizzas from scratch using the method invented and developed by Young Spirit. We will also search for wild ingredients for a bush craft stew.

After dinner, play games and explore.

As darkness falls we can sit round the fire and entertain ourselves.

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Day two:

- A good breakfast to set us up for a full day of activities.
- Challenge course, this orienteering treasure hunt will fill the day.
- Using bushcraft skills, group members prepare and cook their evening meal.
- An evening wildlife walk.
- The day finishes with a reflection session and drinks around the fire.



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Day three:

- A cooked breakfast to prepare us for the journey back.
- Pack up our personal equipment..
- Break the camp and clear the site.
- Early lunch
- Set out to walk through the estate back to Dittisham.
- Leave for home



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Before we leave school (from 8.30am):

- Come to school in your walking kit – sensible walking shoes are absolutely essential!
- Children also need to carry their lunch and any waterproofs etc. in a separate rucksack to take on the bus.
- Drop your luggage off in the drama hall. Make sure it is secured in a named, strong double-lined black bin bag or rucksack.
- Medicines will be collected and signed in by your teacher / TA here too. Please have any specific instructions on the accompanying white form and clearly label the medication with name.
- Children then make their way to the playground as usual before registration.
- The coach will leave between 9.30-10



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Return day:

- Children will pack up before their final day of activities.
- Luggage will be collected and delivered back to school.
- Before the children leave camp, they will reflect on their time.
- School staff will contact school and advise of an approximate arrival time. A text message will be sent to you informing you of collection time.
- Children and luggage will be collected from the drama hall.



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Any
questions?

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