Bringing Up Baby

Text Catch-Up Support

Having a young child can be tough and sometimes lonely. Whether you are <u>Mumor Dad</u>, doing it with a partner or on your own, this service could be for you.





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If you have a new baby or child under 12 months, we will text you every two weeks, for an initial 12 weeks, just to check in and see how things are going.

If at any point you would like to talk to someone or find some extra support, just text back and we will give you a call.

For further information or to request the text service contact Emma on emmaflood.homestart@gmail.com

All we need is your first name, mobile number and age of your youngest child.

(Please note this service is not suitable if your family is at CIN or CP level)