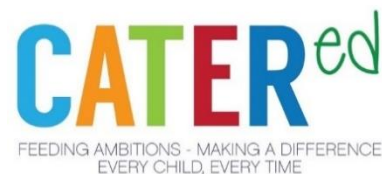


# HOT PACKED LUNCH MENU

## AUTUMN 2020



These meals will be served in compostable clam shell containers with the drink, dessert and cutlery in packed lunch carrier bags

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	All American burger with seasoned wedges (H)	Ham, Cheese or Tuna sandwich	Bolognese pasta bake & garlic bread (H)	Ham, Cheese or Tuna sandwich	Breaded pollock with chips or pasta
Choice Two	Jacket potato & Cheese	Jacket potato & Beans & Cheese	Jacket potato & Tuna	Jacket potato & Cheese	Jacket potato & Beans
Vegetables	Cucumber and carrot sticks	Small side salad	Cooked carrot rounds	Cucumber and carrot sticks	Small side salad
Dessert	Iced yoghurt (individual pots)	Piece of fruit & yoghurt	Savoury cornbread muffin (H)	Piece of fruit & yoghurt	Lemon drizzle cake (H)
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Homemade pizza choices with diced potatoes (H)	Ham, Cheese or Tuna sandwich	Macaroni Cheese & Garlic Bread (H)	Ham, Cheese or Tuna sandwich	Fish fingers with chips or pasta
Choice Two	Jacket potato & Cheese	Jacket potato & Beans & Cheese	Jacket potato & Tuna	Jacket potato & Cheese	Jacket potato & Beans
Vegetables	Cucumber and carrot sticks	Small side salad	Cooked carrot rounds	Cucumber and carrot sticks	Small side salad
Dessert	Iced yoghurt (individual pots)	Piece of fruit & yoghurt	Sliced cheese & savoury biscuits (H)	Piece of fruit & yoghurt	Victoria sponge (H)
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Hotdog with diced potatoes (H)	Ham, Cheese or Tuna sandwich	Cheese wheels with wedges (H)	Ham, Cheese or Tuna sandwich	Breaded fish fillet and chips or pasta
Choice Two	Jacket potato & Cheese	Jacket potato & Beans & Cheese	Jacket potato & Tuna	Jacket potato & Cheese	Jacket potato & Beans
Vegetables	Cucumber and carrot sticks	Small side salad	Cooked carrot rounds	Cucumber and carrot sticks	Small side salad
Dessert	Iced yoghurt (individual pots)	Piece of fruit & yoghurt	Orange sponge (H)	Piece of fruit & yoghurt	Oaty orange & sultana cookie (H)

H – Home-made / V – Vegetarian / Ve – Vegan / Selection of jacket potatoes with meat or vegetarian choices  
Please note that baked beans can be offered as a substitute to the salad being served as veg if required