



NEW FREE MULTIPLY COURSES

Adults across the City of Plymouth who want to improve their numeracy skills can now sign up for free courses and activities thanks to a national investment aimed at boosting opportunities for more people to progress and secure well paid jobs. The free courses are available to local residents on either a part time or intensive basis and will be offered in flexible settings. These courses are available through On Course South West on Mutley Plain or online.

Multiply will offer those aged 19 and above who do not already have a GCSE grade C/4 or higher in Maths or equivalent, and need to improve their numeracy, FREE flexible courses that fit around their lives.

Courses in December: BUDGETING

Does the need to do maths at work or home make you anxious? Do you need help managing your bills? Multiply is offering a FREE budgeting course to help you. Classes are available at Hyde Park House throughout December on the:

6th at 1-3pm
13th at 1 - 3pm
Or the 15th at 10-12 noon.

Topics include looking at foods that are value for money, exploring tools to save money such as Apps and websites as well as other practical ideas to save money at home.

They also offer FREE help to parents who wish to help their children with Maths homework. To apply please go to [Multiply — On Course South West](#)

Or call 01752 660713

