



Did your partner leave the Armed Forces in the last 5 years, or are they leaving in the next year or two?

We're conducting research to understand what it is like for families of serving personnel when they leave the Forces, and we would love to hear about your experience.

What will it involve?

We'd like to interview spouses or partners of serving personnel or veterans for about 40 minutes. We can do it over the phone or we can come and meet you face-to-face. Either way, your participation and everything you say will be anonymous.

We know your time is precious, so as a thank you we'll give you a £30 voucher for the supermarket of your choice.

Who are we?

We're the Behavioural Insights Team, an independent research organisation. You can find more about our work at www.bi.team.

What is the research for?

This work is being funded by the Forces in Mind Trust. It's part of a project to understand the role that families play during transition out of the Armed Forces, and how they can be supported.

How do I find out more or get involved?

Email Jessica at

Jessica.Heal@bi.team

or text

07917 868 454

Or email Lauren

Lauren.Crouch@bi.team