

### **Back to School!**

### Stay Active!

Supporting children with a safe return to school, and getting them back into a routine.

With Premier Education, children will be safe, active and together, with the aim to build confidence, self-esteem & stamina through fun and engaging games & activities in our sessions.



### Safe. Active.

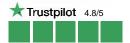
Together.

Every session promotes teamwork, togetherness, problem solving and the importance of being active.

Sessions will be delivered outside so that children can get lots of fresh air which provides vital vitamin D!

We have wet weather contingency plans for any days that the weather won't allow us to be outdoors.





### **Sessions Information...**

Monday: Keep Fit Football

Year: 5/6

Time: 3:30 - 4:30

Date: 11th Jan - 8th Feb (5 weeks)

Price: £15.00

Book online: www.premier-education.com

please ensure you secure your booking by confirming

your payment through school money

### How to Book...

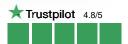


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### **Sessions Information...**

Tuesday: Keep Fit Gymnastics

Year: 3/4

Time: 3:30 - 4:30

Date: 12th Jan - 9th Feb (5 weeks)

Price: £15.00

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### **Sessions Information...**

Wednesday: Keep Fit Dance/Gym

Year: 1/2

Time: 3:15 - 4:15

Date: 13th Jan - 10th Feb (5 weeks)

Price: £15.00

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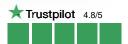


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### **Sessions Information...**

Thursday: Keep Fit Dance/Cheerleading

Year: 3/4

Time: 3:30 - 4:30

Date: 14th Jan - 11th Feb (5 weeks)

Price: £15.00

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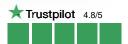


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### **Sessions Information...**

Friday: Keep Fit Dodgeball

Year: 5/6

Time: 3:30 - 4:30

Date: 15th Jan - 12th Feb (5 weeks)

Price: £15.00

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