

## Support for families during Covid-19

Home-Start are currently unable to offer our home visiting service due to the Covid-19 pandemic. The good news is that we are still able to offer support to families, via digital means. See below for our current support offer;

- **Digital Support** – this is delivered by our trained volunteers, offering support through Google Hangouts – either texting or a video call, or a phone call. This is for an hour, once or twice a week. **Please note as a response to the pandemic, we have increased the age for our criteria, to any child under 18 years.**
- **Happy Families, Happy Futures programmes** – we are offering Triple P (to separated couples) and Within My Reach (for anyone) for parents in conflict. These are being delivered by trained staff via digital means, ie. Skype or Zoom.
- Over the next few weeks we are aiming to introduce **further programmes supporting mental health, behaviour management, school readiness and managing money.** Please check your email and our Facebook and website for updates.

To refer a family in for digital support, please use our regular referral form. If you want to refer a family in for the HFHF programme, please contact the office for guidance.

If you are interested in our support and want to find out more, please call or text us on 07307 873163 or email [homestart.shpt@gmail.com](mailto:homestart.shpt@gmail.com)